

**REVOLUTIONIZE YOUR PRAYER LIFE**  
**LEARNING TO FOLLOW JESUS – Part 3 of 6**

**PROGRESSION OF PRAYER**

**Memory Verse**

*If you remain in me and my words remain in you, ask whatever you wish, and it will be given you.*  
**John 15:7**

1. \_\_\_\_\_

*Don't recite the same prayer over and over as the heathen do, who think prayers are answered only by repeating them again and again.*  
**Matt. 6:7 (LB)**

**THE PURPOSE OF PRAYER**

1. **TO COME INTO** \_\_\_\_\_

*Now we can come fearlessly right into God's presence, assured of his glad welcome when we come with Christ and trust in him.*  
**Eph. 3:12 (LB)**

*My heart searches for you because your decisions show everyone on this earth how to live right.*  
**Isa. 26:9 (CEV)**

**UPSIDE:** It teaches me \_\_\_\_\_

**DOWNSIDE:** It doesn't require \_\_\_\_\_

2. \_\_\_\_\_

*Pray on every occasion, as the Spirit leads. For this reason keep alert and never give up; pray always for all God's people.*  
**Eph. 6:18 (GN)**

**UPSIDE:** It teaches me \_\_\_\_\_

**DOWNSIDE:** My prayers become \_\_\_\_\_

2. **TO RELEASE** \_\_\_\_\_

*Come to me, all of you who are tired and have heavy loads, and I will give you rest.*  
**Matt. 11:28 (NCV)**

*Praise the Lord, who carries our burdens day after day; he is the God who saves us.*  
**Psa. 68:19 (GN)**

3. \_\_\_\_\_

*Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart.*  
**Phil. 4:6 (GN)**

**UPSIDE:** It recognizes God as \_\_\_\_\_

**DOWNSIDE:** I'm guiding \_\_\_\_\_

3. **TO NOURISH** \_\_\_\_\_

*Jesus answered, "The scripture says, 'Human beings cannot live on bread alone, but need every word that God speaks.'"*  
**Matt. 4:4 (GN)**

4. \_\_\_\_\_

*My heart has heard you say, "Come and talk with me." And my heart responds, "Lord, I am coming."*  
**Psa. 27:8 (NLT)**

**UPSIDE:** I hear God \_\_\_\_\_

**DOWNSIDE:** I have to \_\_\_\_\_

4. **TO INVOLVE ME** \_\_\_\_\_

*Accept my teachings and learn from me, because I am gentle and humble in spirit, and you will find rest for your lives.*  
**Matt. 11:29 (NCV)**

*The teaching that I ask you to accept is easy; the load I give you to carry is light.*  
**Matt. 11:30 (NCV)**

5. \_\_\_\_\_

*If you have faith when you pray, you will be given whatever you ask for.*  
**Matt. 21:22 (CEV)**

**UPSIDE:** I am convinced \_\_\_\_\_

**DOWNSIDE:** My faith \_\_\_\_\_

*Dear friends, if we feel at ease in the presence of God, we will have the courage to come near him. He will give us whatever we ask, because we obey him and do what pleases him.*

**1 John 3:21-22 (CEV)**